

GP E. Vanluchene 26: Session: 1: COACH Evaluation sheet for TEAM: MZK

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: MOERMAN Helena

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 100M MEDLEY MIXED 10-9					Heat:2, starttime: 14:56
Heat: 2/2 Lane : 3 Athlete: VAN LIERDE EUGENIE					Q-time: 01:41:24
PB (25m pool): 01:41.24 Diksmuide 12/10/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.14		01:41.24	
	00:46.14		00:55.10		
					

Coach feedback:

Event number: 6: 200M MEDLEY MIXED 10-10					Heat:1, starttime: 15:44			
Heat: 1/2 Lane : 1 Athlete: GRYSPEERDT-DE SAEDELEER ROBBY					Q-time: 99:99:99			
PB (25m pool): no time					PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 6: 200M MEDLEY MIXED 10-10					Heat:2, starttime: 15:49			
Heat: 2/2 Lane : 2 Athlete: DERVAUX EWOUT					Q-time: 03:05:33			
PB (25m pool): 03:07.01 LEUVEN 21/12/2025					PB (50m pool): 03:05.33 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.39		01:29.55		02:25.12		03:07.01
	00:42.39		00:47.16		00:55.57		00:41.89	
								

Coach feedback:

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Event number: 6: 200M MEDLEY MIXED 10-10							Heat:2, starttime: 15:49	
Heat: 2/2 Lane : 3 Athlete: VAN LIERDE EUGENIE							Q-time: 03:37:73	
PB (25m pool): 03:47.94 Veurne 19/10/2025				PB (50m pool): 03:37.73 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.28		no time		no time		03:47.94
	00:50.28							
								

Coach feedback:

Event number: 7: 400M MEDLEY MEN 11+							Heat:1, starttime: 15:54	
Heat: 1/3 Lane : 1 Athlete: DECOCK NAND							Q-time: 07:10:48	
PB (25m pool): 07:10.48 Diksmuide 09/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:47.47		01:46.92		02:40.53		03:32.59
	00:47.47		00:59.45		00:53.61		00:52.06	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:31.22		05:32.03		06:23.15		07:10.48
	00:58.63		01:00.81		00:51.12		00:47.33	
								

Coach feedback:

Event number: 7: 400M MEDLEY MEN 11+							Heat:1, starttime: 15:54	
Heat: 1/3 Lane : 3 Athlete: VERPLANCKE BALDER							Q-time: 06:43:15	
PB (25m pool): 06:43.15 Meulebeke 19/04/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:45.34		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:43.15
								

Coach feedback:

GP E. Vanluchene 26: Session: 1: COACH Evaluation sheet for TEAM: MZK

Event number: 8: 400M MEDLEY WOMEN 11+							Heat:2, starttime: 16:22	
Heat: 2/3 Lane : 2 Athlete: DERVAUX ELLA							Q-time: 07:43:63	
PB (25m pool): 07:43.63 Diksmuide 09/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:55.26		01:58.92		03:00.32		03:59.48
	00:55.26		01:03.66		01:01.40		00:59.16	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:56.72		05:54.59		06:49.39		07:43.63
	00:57.24		00:57.87		00:54.80		00:54.24	
								

Coach feedback:

Event number: 8: 400M MEDLEY WOMEN 11+							Heat:2, starttime: 16:22	
Heat: 2/3 Lane : 3 Athlete: DECOMBLE LIZE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback: